A what and why of motor skills...

Motor Skills are part of everything we do!

From to chatting to friends. walking to work, writing a letter and making a cup

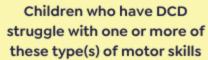
of tea...



Between 2-5 children in every classroom will have clinically significant motor difficulties



These difficulties are called Developmental Coordination Disorder (DCD) previously known as dyspraxia





Fundamental Movement Skills (FMS):



Activities of daily living:





identified in a timely manner, so are left unsupported Poorer children and those from ethnic minority backgrounds are more likely to have motor difficulties but less likely to be spotted This is worrying, because poor motor skills are known to have a significant impact on:

Children with DCD are often not

A new approach was needed...

Emotional wellbeing

The creation of FUNMOVES

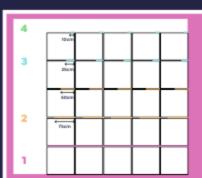


Interviews with teachers found barriers:



Lack of knowledge on FMS Duration of assessments

Cost to schools



What FUNMOVES looks like:

- 5 x 5 metre grid
- Can assess a whole class in an hour!
- Is free and uses materials found in schools
- Scores on FUNMOVES align with scores assessments used in the NHS for diagnosis

Follow the QR code for references