



# EMPOWERING SCHOOLS TO IDENTIFY FUNDAMENTAL MOVEMENT SKILL DIFFICULTIES: REDUCING INEQUALITIES AND IMPROVING OUTCOMES FOR CHILDREN

## What are fundamental movement skills (FMS)?

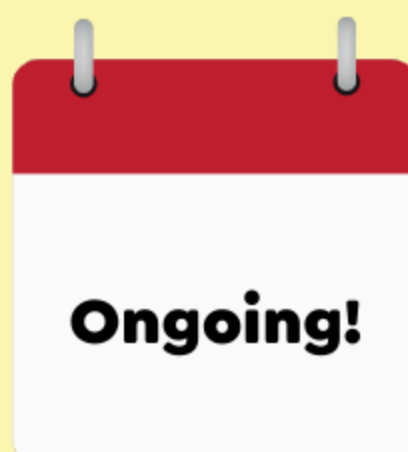
FMS are the motor skills which underpin participation in physical activity.

## What is FUNMOVES?

FUNMOVES is an evidence-based FMS screening and intervention tool which was co-produced with schools to enable teachers to assess the FMS of a whole class within an hour.



## When will this research take place?



## How will this benefit my school?

- You will receive resources to get your children moving and improve FMS
- You will be contributing to the creation of a national dataset

## Why are FMS important?

Research has found that FMS have an impact upon health (both physical and mental) as well as academic performance.



## What will this involve for my school?

- 1 hour training with all teaching staff
- Years 1-6 completing FUNMOVES (2 staff members per class)
- Completing complimentary FMS activities in and out of school
- Classes completing the assessment twice, one term apart

## Can I change my mind?

Yes, you can withdraw your child's data up to a month after the study by contacting the researcher (details below)



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