



# Jan's Weekly Update

Brought to you by Steve Gregory, Director of Nursing

Issue 301 — 16.08.2019



Hello, my name is Steve.

**Welcome**

It was great to welcome some new staff to the organisation this week. I have also had the chance to get out and about, including getting wet during our wonderful summer.

**Well done**

Please do say well done to yourself and your team for our Good CQC rating. Also, take the opportunity to get to one of the Celebration events in September/October.

**Shropshire**

No planes or trains but I managed (for £5) to become a member of 'Friends of Lord Hill's Column Shrewsbury'. After walking up the 172 steps the views and different perspective of Shropshire was stunning.



**Productivity**

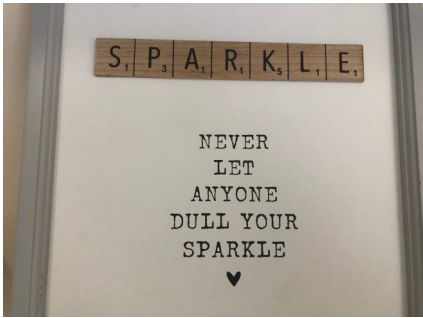
I saw this quote on social media – “the most productive people not only manage their time well – they also manager their attention and energy well (Chris Bailey)”. As I was thinking we can all perhaps do that bit better at managing our time, a number of urgent meetings came flooding in along with another few hundred e-mails. We have to get better as a system at managing those significant priorities to enable us all to make a difference for patients/ people.

**AHPs**

This week I met with someone from a national support team and four Allied Health Professional Leaders to see how we could work better together across the total patient pathway. I am trying to find time with Shropcom AHP's to think about Strategic AHP Leadership. The 14<sup>th</sup> October is AHP day so we will be undertaking some development work over a period of a couple of weeks across Shropcom and SaTH.

**Team**

People often talk about team and how vitally important 'team' is to achieving our goals and ambitions. There are so many people that we need to ensure people get the best care; the porter, cook, receptionist, information person, accountant, cleaner, clinicians etc. We all need to live our values and remember the positive contributions we make (especially when it is tough). I observed the following statement on someone's noticeboard, 'Start with something positive'. Do we do this, or do we focus on what is not working and then expect people to smile and say what the solution is. High performing teams and systems build from a positive base and deal with those 'wicked issues' in a mutually inclusive and supportive way.



**Life**

Life can be difficult sometimes and we need to support (in the right way) the person or team to deal with whatever that challenge is.

There is always an opportunity to learn but sometimes that can take time. In the meantime, try to keep sparkling!

Best wishes to all

**Steve Gregory**  
**Director Of Nursing**

