



# Jan's Weekly Update

With Steve Gregory, Director of Nursing and Operations

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I had the pleasure of listening to some inspirational people about leadership and it was in our very own Community Trust Leadership Group (CTLG).

Many of our teams are facing change (it's the norm now in the NHS) and increasing or changing demand. This can create pressure but can also be the driver to do things differently. Thank you, to you all for the care and support that is being delivered.

Leadership and visibility was the theme and examples were given of leaders who were present (but this was not necessarily needed all of the time). The 0-19 leaders in Telford talked about things that had gone well in terms of co-location but also what could be better. The ingredients they mentioned were to have authentic, agile and accessible leaders. I would add having autonomy as another important factor in being a good team.



I have been trying to get out and about outside of the 9am-5pm time slots. We are doing some really good work and people are going the extra mile. I am encouraging others to do the same so if you see any of us at night or early morning it's to be supportive.

Back to autonomy; the subject of uniforms came up. Who should wear one and when. The simple answer is that if you are delivering direct patient care you should, if it's an agreed team standard then again the answer is yes. However, if you are undertaking a 'leadership/management' day you can make a personal choice.



A 'Ted' talk was shared by Andrew Crookes that made reference to being an effective team, which means addressing the tricky issues. Remaining open is important, if you adopt the approach that you already know the answer how can you possibly learn. The lesson is no matter what, stay open and curious.

On a personal note I am waiting to become a grandad for the second time. My daughter can't wait now as it's less than a week to go.

I hope all of you that had someone waiting for their A-Level results got the right outcome.

Have a good weekend and thanks for putting patients first every day.

Best wishes,

Steve Gregory

Director of Nursing and Operations

