



Jan's Weekly Update

with Steve Gregory, Director of Nursing and Operations

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No week is ever the same and the pace of life is unrelenting. I can remember my Nan saying to me when I was a youngster that when you leave school, life speeds up. That statement feels all so true and I often think if only I could just slow the day down that little bit and enjoy those special moments for that bit longer. Well sadly I can't, but I can try to enjoy life and all that it brings.

This week, I have spent time talking and listening to a variety of different staff and also some patients who are not getting the best response. Most people want to be properly listened to and responded to accordingly. Sometimes it is hard to hear when people express displeasure, but as leaders it is our role to support and assist staff to ensure patients/carers/people get the best possible outcome.



We were successful in being awarded the new specification 0 to 19 years' service. This impacts upon our Shropshire School Nursing, Health Visiting and Family Nurse Partnership services. Our belief is that we can make this new model work, however, we understand the impact that this change will have upon our staff and I promise you that you will all be supported during the process over the next few months.

The importance of supporting at all stages of a person's life is absolutely our commitment and we have placed significant emphasis on end of life care. The team has formed a group called the "Dying Group" and they have also got fundraising status. It is led by clinicians and the voluntary sector. The intention is to raise funds for bespoke training, specific equipment that will support people at the end of their life, swan memory boxes and to produce information leaflets for carers and families too. So if you want to know more, or indeed help to raise funds, then please get in touch with Kate Allaway (Community Matron) or Kath Fackrell (Voluntary Sector Link).

It's always tough saying goodbye and it never gets easier especially when it's someone as nice as our very own Mr Communication (Andy). Yes the rumours are true, although he never spreads them, today is his last day. We wish him well as he returns to his home land of Wales and we look forward to saying goodbye with a drink later on.



It's been a busy week for us all and it does not stop when you deliver seven day services. But I am off to London for the weekend, which I am very much looking forward to. Enjoy your weekend or days off when you have them and remember to take care of yourself, family, friends and colleagues.

Quote of the week...

"To accomplish great things we must not only act, but also dream; not only plan, but also believe."

(French writer)

Best wishes

Steve Gregory

Director of Nursing and Operations

