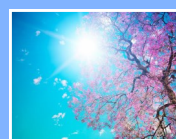




Jan's Weekly Update

Issue 93 - 14.08.2015



It doesn't seem five minutes since I was talking about the Malvern Flower Show at the start of the Summer - today the Shrewsbury Flower Show opens, ending the Summer Shows! Is it me or has this year gone a bit fast!

I was in Ludlow last night meeting Philip Dunne, MP. Amber Grinker and the team introduced him to patients and staff, he was very impressed with the care and the staff enthusiasm and professionalism.



We talked about the future of the Hospital, our aspirations and how we might work with our partners in primary and secondary care to ensure community services develop to meet the needs of our rural populations in the future.

As he left, we came across a person who needed immediate help from our Minor Injuries Unit. The ward and MIU staff responded and took over quickly, but I can't deny enjoying the moment helping him before they got there. It brought back many memories - I've not lost those skills completely - but it was time to leave it to the experts!

Time to Reflect and Reassess

I've spent a lot of time with my team this week, discussing their priorities and anything I can help them with to keep things progressing. Andrew has been working hard on the Rural Urgent Care Centre workshops around the County; Sarah has been working through some Estates issues and working out what our extra cost improvement target will mean to us; and Steve has met with our Professional Leads to discuss among other things, our Clinical Strategy (the story that underpins everything we do - it will set out what we do for patients and their families). He also caught up with his Mandatory Training, as we realised he was out of date on a couple at his last one to one!

We met as a full Exec team yesterday and took some time out to discuss Rural Urgent Care Centres and check we are still working on our priorities. It is so useful to stop and think now and again, we can fall into the 'too busy' trap and end up working ineffectively. We all need time to take a breath. We identified things that we could change or do better. It doesn't matter if you're working in clinical or non-clinical roles, time for reflection and support to reflect is really important.

Talking of Reflection

I'm now a fully-fledged Mentor. You may remember that I did the training with about 17 of our staff and I've met with Professor Pertroni this week and we have agreed that I can be let loose to Mentor in the organisation.

You know that I already do Mentor people, but the training and support has been really helpful to ensure I'm on track and can offer good mentoring. We will be letting everyone know who the Mentors are soon and asking for volunteers to be mentored. We did discuss if anyone will approach me because of my position - we will see and I'll let you know!



I hope many of you take up the opportunity – it's a great way to find support, reflect and take time to think about you!

I'm interviewing for the Director of Strategy today, with some of our staff and patient carer groups. I'll let you know how that goes. We've had a great response so we hope to appoint today.

I've just heard on the national news that someone in Shropshire is selling bottled Shropshire air for a £1 a time to City Slickers who are missing fresh air! And people are buying it!!!

Until next week

Jan Ditheridge
Chief Executive



You can contact me at Jan.Ditheridge@shropcom.nhs.uk or on 01743 277688