Potential problems following the removal of your catheter

- Slight bleeding may occur following removal of catheter
- You may pass a small amount of blood when you pass urine
- You may feel discomfort during and after the removal of your catheter, this is normal
- You may feel that you want to go to the toilet more often
- If the trial is not successful you may have to be re-catheterised

The Community Nurse will provide you with contact details (see front) for any queries or problems throughout the trial without catheter.

Out of Hours: Contact – Shropdoc 0333 222 6655

Shropshire’s Continence Advisory Service

Male Acute Urinary Retention And Trial Without Catheter (TWOC)

Your community nursing team can be contacted on:

Out of Hours: Contact – Shropdoc 0333 222 6655
Acute Urinary Retention

- You will have been catheterised because your bladder has suddenly become unable to empty
- Your GP and Community Nurse team have been informed regarding your catheterisation
- Please familiarise yourself with the leaflet “Indwelling Catheter Information for Patients and Carers”
- Please make an appointment with your GP for assessment and examination on the next working day following catheterisation. Your GP will prescribe medication for your prostate
- You will be contacted by your Community Nurse to review how you are managing with your catheter. 7-10 days following catheterisation your Community Nurse will arrange a date with you for a Trial Without Catheter (TWOC) procedure, this will be undertaken in your home.

Trial Without Catheter (TWOC)

A Community Nurse will visit you early in the morning, on the arranged date to remove your urinary catheter
- You or your relative will be required to measure all urine that you pass and record it on the bladder diary
- You will be encouraged to drink plenty of fluids during the day that your catheter is removed but no more than 1 litre of fluid (any type) in the first 4 hours
- Using a jug, measure in mls and record the amount and time urine is passed
- You can write this down on your bladder diary
- Please remain at home during the day of your initial Trial Without Catheter so that your Community Nurse can contact you and assess your progress

If at any time during the day you cannot pass urine and it becomes uncomfortable. Please contact the Community Nurse immediately