### CNT 015 Competencies for IPC Urinary Catheter

<table>
<thead>
<tr>
<th>COMPETENCY FOR A SHARED TRAINING TOPIC: INSERTION, CONTINUING CARE OF A URINARY CATHETER, HAND HYGIENE, PPE AND ASEPTIC TECHNIQUE</th>
<th>COMMENTS</th>
<th>DATE OF ASSESSMENT &amp; SIGNATURE OF ASSESSOR</th>
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<tbody>
<tr>
<td>1. Demonstrated assessment and review of the clinical need for urinary catheterisation</td>
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<td>2. Discussed need for continued catheterisation and or possible alternative strategy of bladder management</td>
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| 3. a. Accessed CSU report taken prior to planned catheter change and appropriate action taken  
  b. Discussed need for taking CSU during unplanned catheterisation | | |
| 4. Demonstrated the ‘5 moments for hand hygiene’ at the appropriate times and used the correct hand hygiene procedure/technique | | |
| 5. Demonstrated an understanding of the correct use of personal protective equipment (PPE) | | |
| 6. Cleaned the urethral meatus prior to catheter insertion using sterile saline | | |
| 7. Applied sterile anaesthetic / lubricant to urethra | | |
| 8. Demonstrated an aseptic non touch technique using the appropriate equipment for: a. catheterisation  
b. obtaining a CSU 
Refer to aseptic technique and indwelling catheterisation policies | | |
| 9. Demonstrated the correct use and connection of an appropriate sterile catheter and closed drainage system | | |
| 10. Discussed daily catheter care with patient and or carer | | |
| 11. Demonstrated the correct disposal of waste | | |

I agree that I am competent in all aspects of IPC practices during urinary catheter insertion* / continuing care* / hand hygiene* / aseptic technique*              *delete as appropriate

Signed

Date

Title, qualifications and relationship to trainee

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I agree that

Is competent in all aspects of IPC practices during urinary catheter insertion* / continuing care* / hand hygiene* / aseptic technique*              *delete as appropriate

Signed

Date
| Date of last formal training undertaken: |   |
Competency 1
Discussed patients current medical need for catheterisation and obtained consent

Competency 2
Discussed patients current medical need for catheterisation and obtained consent

Competency 3 a and b.
Refer to indwelling catheterisation policy b. Using sample port

Competency 4
Hand washing with soap and water and or use of alcohol hand gel  The 5 moments
a. Before patient contact
b. Before clean/aseptic procedure
c. After body fluid exposure risk
d. After patient contact
e. After contact with patient surroundings
Refer to hand hygiene policy on Shropshire Community NHS Trust website

Competency 5
Timely use of sterile and non sterile gloves, plastic aprons and availability of face protection.
Cleaned hands after removal of gloves

Competency 6
Refer to indwelling catheterisation policy

Competency 7
Adequate lubrication helps prevent urethral trauma

Competency 8a and b.
Refer to indwelling catheterisation and aseptic technique policies b. using sampling port

Competency 9
Appropriate use of link system and correct position of drainage bag e.g. above floor but below bladder level

Competency 10
Daily bath/shower or wash with soap and water

Competency 11
In accordance with Trust waste policy

Have you considered?
When was the last time this person went on formal training?

How do they get the latest Infection Control Information?
Have they had a recent hand hygiene assessment?