CNT 011 Catheter Removal

The procedure must be performed by an appropriately trained community healthcare professional.

- Thorough hand washing and drying or use of alcohol hand gel must be undertaken prior to and after the procedure
- Single use non-sterile gloves and a plastic apron should be worn
- Ensure the syringe tip fits into the catheter inflation valve securely, and then withdraw the water slowly and steadily
- Do not cut the catheter during removal
- If the catheter balloon will not deflate seek medical advice
- Always remove the catheter slowly
- Check condition of the removed catheter; consider cutting the catheter lengthways to check for encrustation. Document any abnormalities and report appropriately
- Urinary drainage systems can be disposed of as domestic waste. See Trust Waste Management Policy
- In the event of removal with balloon inflated and history of MRSA or ESBL in urine consider antibiotic treatment (see antibiotic policy) and troubleshooting appendix 12.