

## Policies, Procedures, Guidelines and Protocols

Document Details		
<b>Title</b>	<b>Guidelines for Management of Constipation in Adults</b>	
Trust Ref No	1837-88748	
Main points the document covers	Guidance on the treatment of constipation in adults Excludes children, pregnant patients, and patients with spinal cord injuries	
Who is the document aimed at?	Community nurses and doctors who manage this condition	
Owner	Continence Team	
Approval process		
Approved by (Committee/Director)	Patient Safety Committee	
Approval Date	15 <sup>th</sup> April 2024	
Initial Equality Impact Screening	Yes	
Full Equality Impact Assessment	Yes	
Lead Director	Director for Nursing and Clinical Delivery	
Category	Clinical	
Subcategory	Continence	
Review date	31 <sup>st</sup> March 2027	
Distribution		
Who the policy will be distributed to	Community Nurses Community Hospitals Continence Team	
Method	Electronically via Trust Website	
Document Links		
Required by CQC	No	
Required by NHLSA	No	
Amendments History		
No	Date	Amendment
1	2013	New guideline approved by Area Prescribing Committee October 2012
2	2016	Updated with colorectal services
3	2019	Updated with NICE Guidance reference
4	2024	Scheduled review, updated to match Homely Remedy Policy
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**MANAGEMENT OF CONSTIPATION IN ADULTS  
WITHIN THE COMMUNITY SETTING**  
(This guideline should not be used for pregnant women & patients with spinal cord injuries.)

