

Shropshire Community Health **NHS**

NHS Trust

**Children's and Specialist Services**

Paediatric Occupational Therapy Service

Coral House

11 Longbow Close

Shrewsbury

SY1 3GZ

Tel: 01743 450800

**We can't wait**  
**to see you!!**



The information in this leaflet is available  
in other formats and languages.

Please contact us at

Coral House 01743 450 800.

Shropshire Community Health **NHS**  
NHS Trust

**Occupational Therapy**

**Individual  
Treatment**



**Information**  
**for you**

## Who Will I See?

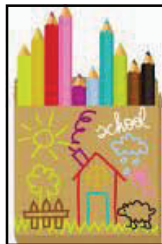
- An Occupational Therapist (OT) or Technical Instructor (TI) will come to work with you in school or in clinic. You will work together in a quiet place with a table to try lots of different activities.
- Our job is to show you lots of **FUN** activities and exercises to help you with lots of different skills like throwing and catching, balancing, pencil skills and other fine motor skills like cutting and threading.
- Each lasts for approximately 45 minutes.

## What Will I Be Asked To Do?

- Here are some things we might do



- Play-Dough Work



- Pencil Skills



- Cutting Skills



- 'Good' Sitting

## What Will Happen After The Group Has Ended?

- At the end of each session your parents/carers and your teacher will receive a copy of all the activities we have done.
- Why not show your parents/carer what you did in the session? They can help you practice these new skills.
- At the end of the sessions you will be given a certificate to celebrate all your hard work!