Patient presents to GP with Lower Urinary Tract symptoms

**Female patient**
Urinalysis, examine for prolapse atrophic
Vaginitis

**Complicated**
Urgently refer women with any of the following
- Microscopic haematuria if aged 50 yrs and older
- Visible haematuria
- Recurrent or persisting UTI associated with haematuria if aged 40 yrs and older
- Suspected pelvic mass arising from urinary tract

Refer women with:
- Symptomatic prolapse visible at vaginal introitus
- Palpable bladder on bimanual or physical examination after voiding

Consider referring women with:
- Persisting bladder or urethral pain
- Clinically benign pelvic masses
- Associated faecal incontinence
- Suspected neurological disease
- Voiding difficulty
- Suspected urogenital fistulae
- Previous continence surgery
- Previous pelvic cancer surgery
- Previous pelvic radiation therapy

Refer to District Nurse/HV
For all community based patients (including residential homes) for a comprehensive continence assessment where patients also present with cognitive symptoms and/or mobility/housebound issues

**Uncomplicated**

Refer to Continence Advisor for patients requiring specialist assessment and active interventions e.g. flowmetry and bladder scanning, PV exam to assess pelvic floor tone, I-PSS pelvic floor exercises, bladder training, fluid advice

Where there are no cognitive/mobility or housebound issues present

**Male patient**
Urinalysis, digital rectal examination, PSA test

**Complicated**
- Pain
- Haematuria
- Recurrent or persistent UTI's
- Pelvic irradiation
- Radical pelvic surgery
- Suspected fistula
- Significant voiding dysfunction
- Raised PSA
- Abnormal DRE
- Previous prostate irradiation
- Pelvic mass (or suspicion of)
- Reduced fixed volume on frequency / volume chart
- Renal impairment which you suspect is caused by lower urinary tract dysfunction
- Suspected urological cancer

Refer to Consultant

Send referrals to:
The Continence Advisory Service
Shropshire’s Community Health
NHS Trust
Halesfield 6
Telford
Shropshire, TF7 4BF

Refer to Consultant