Contact Details:

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                01952 580315 or
                07876 548852

Fiona Glover:  01743 353637
               North West Shropshire
               and Shrewsbury &
               Atcham

Nicola Head:  01948 660806
              North East Shropshire
              and Telford and Wrekin,

Val Proctor:  01584 871119
              South Shropshire

Please send any compliments / complaints to:
Community Health Services
Halesfield 6
Telford
Shropshire
TF7 4BF
Telephone: 01952 580300

Continence Advisory Service

Information for
Health Care Professionals

Version 2  May 2012
Who are we?

We are a team of Continence Nurse Specialists.

Who do we see?

We see patients who are registered with a Shropshire GP (this includes Telford and Wrekin)

What do we do?

We run clinics county wide and see patients in their own home as appropriate.

We provide specialist assessment for Continence problems initiating conservative treatments where appropriate.

Investigations include:

- Uroflowmetry
- Bladder Scanning
- Assessment of Pelvic Floor tone

Our interpretation of these results guides the implementation of appropriate treatment pathways

Treatments we recommend:

- Pelvic Floor treatment programme
- Bladder retraining
- Fluid Advice
- Urinary and Bowel voiding techniques
- Initiating Intermittent Self Catheterisation
- General Lifestyle advice

How to make a referral.

Referrals are accepted from all Health Care Professionals.

Please send your referral to:
Continence Advisory Service
Telford and Wrekin Community Health Services
Halesfield 6
Halesfield
Telford
Shropshire
TF7 4BF
Telephone: 01952 580328
Fax: 01952 580308