

## Contact Details:

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Atcham

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North East Shropshire  
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South Shropshire

Please send any compliments / complaints to:  
Community Health Services  
Halesfield 6  
Telford  
Shropshire  
TF7 4BF  
Telephone: 01952 580300

## Contenance Advisory Service



## Information for Health Care Professionals

## Who are we?

We are a team of Continence Nurse Specialists.

## Who do we see?

We see patients who are registered with a Shropshire GP (this includes Telford and Wrekin)

## What do we do?

We run clinics county wide and see patients in their own home as appropriate.

We provide specialist assessment for Continence problems initiating conservative treatments where appropriate

Investigations include:

- Uroflowmetry
- Bladder Scanning
- Assessment of Pelvic Floor tone

Our interpretation of these results guides the implementation of appropriate treatment pathways

## Treatments we recommend:

- Pelvic Floor treatment programme
- Bladder retraining
- Fluid Advice
- Urinary and Bowel voiding techniques
- Initiating Intermittent Self Catheterisation
- General Lifestyle advice

## How to make a referral.

Referrals are accepted from all Health Care Professionals.

Please send your referral to:  
Continence Advisory Service  
Telford and Wrekin Community Health Services  
Halesfield 6  
Halesfield  
Telford  
Shropshire  
TF7 4BF  
Telephone: 01952 580328  
Fax: 01952 580308