

Please let us know if your child is unable to attend any sessions.

Shropshire Community Health **NHS**
NHS Trust

**Specialist Services for Children & Young
People**

Paediatric Occupational Therapy Service

Coral House

11 Longbow Close

Shrewsbury

SY1 3GZ

Tel: 01743 450800

Datix ref: 1608 Review 1 Oct 2014

The information in this leaflet is available in
other formats and languages.

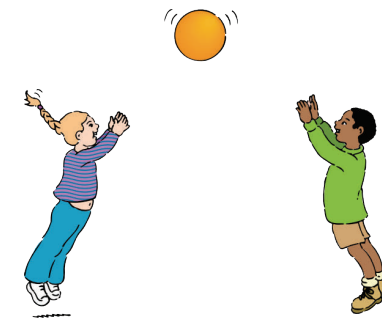
Please contact us at

Coral House 01743 450 800.

Shropshire Community Health **NHS**
NHS Trust

Occupational Therapy

Sensory Motor Group



Information for
parents/carers

Aims

- The group experience can offer your child positive, fun activities to improve their cognitive, gross and fine motor skills, coordination, organisation and enhance their self-esteem and sense of accomplishment.
-
- Our groups will enable your child to form bonds with peers in a structured and supportive environment that enables them to practise new skills such as throwing, balancing, tying shoe laces.

Our groups will enable your child to see that everyone finds some things tricky or difficult. Group discussions may assist your child in discussing and coming to appreciate that others share similar problems, fears, worries, and that trying their hardest is the only thing that really matters.

During the Group Sessions

- There are normally 4– 6 children in our Sensory Motor groups that are held at our clinics across Shropshire.
- Each session will last for an hour and continue for 5-6 weeks. It is important that you stay on the premises while your child is in the group for health and safety reasons.
- Comfortable clothing such as shorts or joggers would be advisable.
- Your child may want to bring a drink with them as there are no facilities on site
- At the end of each session your child will be encouraged to give you feedback on the activities completed. You will be given the opportunity to sit in and observe one of the group sessions.
- It is recommended that your child continues with activity ideas suggested during the treatment session at home.

After the Treatment Sessions

- Towards the end of the program you will be given time to meet with the Occupational Therapist to discuss your child's progress and whether they need to be seen again or discharged from this service.
- Once treatment sessions have been completed you will also receive a written treatment summary identifying future plans for your child.