

Please contact the above number to speak to an OT or TI about these sessions if your child is unable to attend on the dates agreed.

The information in this leaflet is available in other formats and languages.

Please contact us at

Coral House 01743 450 800.

Shropshire Community Health **NHS**
NHS Trust

Occupational Therapy

Individual Treatment



Information for parents/carers

The leaflet features a vertical border with yellow, orange, and blue segments. At the top, the NHS logo and 'Shropshire Community Health NHS Trust' are displayed. The title 'Occupational Therapy' is written in a large, bold, black font, arching over the top. Below it, 'Individual Treatment' is written in a similar bold font. In the center, there is a cartoon illustration of two children, a girl on the left and a boy on the right, both reaching up towards a yellow ball with motion lines. At the bottom, the text 'Information for parents/carers' is underlined.

Aims

- After your child's initial assessment the Occupational Therapist (OT) may feel that your child would benefit from individual treatment.
- This treatment will focus on the individual needs of your child. Sometimes a child will need Occupational Therapy to help them change the way in which they complete an activity, for example by working with them on their ability to coordinate themselves, use their hands, or improve their planning skills.
- We also may look at;
 - Developing sensory and perceptual skills.
 - Improving motor skills, including balance, posture, stability and ball skills.
 - Improving and Developing hand function, for pencil and scissor work.

During the Treatment

- Your child will be seen by an OT or an Occupational Therapy Technical Instructor (OTTI) in school or in clinic for a set number of weeks.
- Each session will last for approximately 30–45 minutes and they will work on skills and activities to help you child achieve their specific OT aims.
- It is recommended that your child continues with suggested activity ideas at home.

After the Treatment Sessions

- Once treatment sessions have been completed you will receive a written treatment summary identifying future plans for your child.