Time to book your place for staff conference

The staff conference this year will be held on Tuesday 22 May at Shrewsbury Football Stadium (Greenhous Meadow) from 9:30am-4:00pm.

Outline agenda

- Chief Executive’s Address
- Regional Health Speaker, Dale Bywater, to contextualise Community Healthcare in the NHS
- Keynote Speaker, Derek Redmond
- Share Good Practice
- Showcase Services by Public Health & Occupational Health
- Workshops (delegates may attend two):
  - "Transformational Change in Community Services" - Ted Wilson
  - "Harm Free Care & Quality Governance" Maggie Bayley
  - Foundation Trust Membership" - Julie Thornby

Olympic 400m athlete Derek Redmond who will be guest speaker at the staff conference

Introduction from the Chief Executive —

After all the debate, the Health and Social Care Bill — described by some as the biggest change to the NHS since it began in 1948—has finally become law. It’s going to be really important to understand how that will affect us—and the Staff conference will help us do that.

The Bill confirms changes we already knew about—including GPs as part of Clinical Commissioning Groups taking over purchasing our services in place of PCTs. There are a range of other changes too, which will put more emphasis on quality and confirm the role that public health will have within the Local Authority.

The Act, along with other changes that are taking place in the health service, will have implications for all of us.

One of the ways that we can best prepare for the future NHS is to make sure we understand the local and national changes and identify where we can learn, develop and change to take advantage of them.

This is where this year’s staff conference comes in. It will help explain the new NHS as it’s relevant to your roles—and also give some inspiring examples of good practice within our own Trust as well as some inspiration too from guest speaker, Olympic athlete Derek Redmond who earned a standing ovation at the Games.

I would urge all teams in the Trust to send at least one delegate to the conference, who will be able to further share their experience of the day. Details of the conference are above, and I hope to see you there!

Jo Chambers,
Chief Executive
Leighmarie gets her own moment to shine

Shropshire Community Health NHS Trust worker, Leighmarie Denley, has been chosen to carry the Olympic Torch as it travels through the town of Much Wenlock.

Leighmarie, 41, from Telford, has been a member of the Trust’s health improvement physical activity team since 2004, and will be carrying the Torch through the town which is considered the birthplace of the modern Olympics, on Wednesday, May 30.

She first became involved with the team after taking part in an aerobics session at the Watlin Street Community Centre in Wellington. She was so impressed that it inspired her to become an instructor herself and, with the support of Shropshire Community Health NHS Trust, she went on to qualify as an Exercise to Music Instructor, delivering aerobic sessions at Watlin Street, Leegomery and then at Hadley and Donnington.

She has gone on to specialise in working with the elderly and disabled, gaining qualifications in postural stability, disability gym, special populations and many other fitness qualifications. She now delivers a range of sessions, including Falls Prevention community based exercise sessions and delivering exercise to dementia sufferers at the Millbrook Day Centre.

She also spends many hours as a volunteer encouraging and enthusing people to become more physically active. After hearing the news, Leighmarie said: “At first I was shocked and then when the news had time to sink in I am immensely proud to have been selected.

“It’s even more special for me as I will be supporting one of the Much Wenlock stages of the route.”

Leighmarie is a busy single mother of four but still manages to find time to make a difference. Her enthusiasm and dedication towards improving physical activity levels within the communities of Telford and Wrekin is to be admired. She really deserves her moment to SHINE.

Torch relay coming to Shropshire

Staff are being reminded that the Olympic Torch relay is travelling through Shropshire on Thursday, May 24, and Wednesday, May 30.

As the Torch travels through Shropshire there will be a rolling programme of short road closures as the Torchbearers carry the Torch through each community.

This disruption should be minimal, but we ask that if you need to travel anywhere along the foot sections of the route, that, where possible, you try and avoid doing this around the expected Torch arrival times.

For details of the routes please log onto http://www.shropshire.gov.uk/olympics.
Focus on spinal pathways of care

Shropshire Community Health NHS Trust (SCHT), Robert Jones and Agnes Hunt NHS (RJAH) Foundation Trust and The Shrewsbury and Telford Hospital NHS Trust (SaTH) met for the second of three study days and lectures planned for this year, this second session having a specific focus on spinal pathways of care in Shropshire.

The day was organised by the three physiotherapy leads from the above organisations: Yvonne Rimmer (SCHT), Phil Hulse (RJAH) and Sue Hope (SaTH).

It was well attended by around 60 physiotherapists from these organisations, and also by local GPs, Mr Birender Balain (spinal consultant from RJAH), Dr Jonathan Hill (lecturer in Physiotherapy, Arthritis Research UK Primary Care Centre at Keele University) and Nina White (Service Improvement Manager (Orthopaedics) for Shropshire County PCT).

Mr Balain gave an excellent presentation, reviewing spinal pain assessment and surgical options for low back pain, radicular pain, stenosis and myelopathies.

In the afternoon Dr Hill presented his team's research, which has recently been published in The Lancet, looking at a stratified model for managing low back pain, with a comparison of stratified primary care management for low back pain with current best practice (STarT Back): a randomised control trial.

Nina White then facilitated a discussion looking at access to musculoskeletal pathways for patients in Shropshire with spinal pain. This highlighted the need for further workshops to review primary care, including physiotherapy services from all our organisations, as well as the need to investigate clinical pathways in more detail, including possible use of the STarT-Back tool.
**Informing at leading family health care event**

Angela Scull, school nurse and enuresis lead for the Trust, has recently presented a seminar session at the annual Journal of Family Health Care Live event.

JFHC, a leading family health care event, was held at London’s Olympia Conference Centre from March 29 to 30, and Angela gave a seminar on “Developing a Care Pathway to support School Nurse-led Enuresis clinics in Shropshire”.

Enuresis, or bedwetting, is second only to allergy as the commonest chronic disorder in childhood, and can lead to children being bullied and having low self-esteem and parents are often left feeling helpless.

Angela told delegates how new care pathways were developed in Shropshire which not only reduced waiting times for referrals but also increased knowledge about enuresis to children and their parents.

The Shropshire service is led by a team of 25 nurses and there are clinic bases in Shrewsbury, Bridgnorth, Ludlow, Oswestry and Whitchurch, which see up to 25 new patients each month.

And a major benefit of the new nurse-led service is that is costs £13.94 per new patient, as opposed to £34.98 for a doctor-led service, leading to huge savings.

‘I was a bed-wetter, which is miserable at boarding school. Clunes the piddler... Kids tease you for anything.. It’s good to get all your major humiliations out of the way early in life’

Martin Clunes

**Introducing: course on recognising domestic abuse**

Practitioners who need an introduction on how they can both recognise and deal with signs of domestic abuse are being invited to attend a special training course on May 2, 2012.

“Raising awareness of Domestic Abuse” is being held at The Learning Centre, Stirchley, Telford, from 9.30am until 4.30pm and is an important course for anyone who has direct contact with people in the county to attend.

Delegates will learn how to recognise domestic abuse, respond effectively to safeguard the victims and appreciate the importance of inter-agency working.

The session will also challenge the question “Why don’t they just leave?”, a question so often asked about the adult victim, and also explore the impact of domestic abuse on the lives of children.

A charge of £50 will be made to non-contributing partners of the Telford & Wrekin Safeguarding Children Board. For further information call the training centre on 01952 383601 or email learningcentre-training@telford.gov.uk
Interventions: latest updates on infection prevention and control

The Shrewsbury and Telford Hospital NHS Trust Infection Prevention and Control Team is holding its fourth annual conference on Friday, July 6.

The event, at the Shropshire Education and Conference Centre at the Royal Shrewsbury Hospital, is from 9am until 5.30pm. It will feature a diverse mix of speakers focusing on high quality and safe care as well as a review of current challenges in reducing healthcare associated infections.

Speakers confirmed to date are Patricia O’Neill (Director of Infection Prevention and Control, Shrewsbury and Telford Hospital NHS Trust) on MRSA Bacteraemia, Tina Bradley (University Hospital, Birmingham NHS foundation trust) on decontamination, Martin Kiernan (nurse consultant infection prevention and control, Southport and Ormskirk hospital NHS trust) and Sue Dailly (Lead infection prevention and control nurse, Winchester and Eastleigh Healthcare NHS Trust).

Fees are £60 per delegate or £30 for students and bookings should be made by calling 01743 261000, extension 1134, or email michelle.ellis@sath.nhs.uk

Introducing: avoiding respiratory admissions

The Trust will be carrying out an admission avoidance role in the Royal Shrewsbury Hospital from Monday to Friday 9am to 5pm which will be available to assess county patients in DAART.

To be referred, patients must:
- Have COPD exacerbation (other respiratory conditions on case by case basis and at the discretion of DR Wilson/GP and Nurse)
- Live in Shropshire
- Not have vomiting
- Not be confused

Patients will initially be assessed by Sue Bradley, respiratory specialist nurse, and the GP in DAART or, if arriving via 999, in the Accident & Emergency Department.

Patients can have access to a range of diagnostic investigations to help establish the proper care that is required including: Chest X-Rays (CXR), Electrocardiogram (ECG), bloods including D-dimer, capillary blood gases, urgent oxygen prescription, nebulised therapy, referral to a virtual ward or immediate care team or access to a community hospital bed. They may also be followed up by the respiratory nurses the next working day.
Investing: plans for new unit granted

The Shrews bury and Telford Hospital NHS Trust has been granted planning approval from Telford & Wrekin Council to build a new Women and Children’s Unit at the Princess Royal Hospital for 2014.

The new unit will be for children who need to stay in hospital overnight and will include a children’s outpatient department and a new children’s cancer and haematology unit. It will also be for women who need a consultant-led delivery and gynaecology patients who require an overnight stay.

As part of the development of new facilities at both hospitals the Trust is developing a Travel and Transport Plan. To help write this plan the Trust is asking for your views and experiences around travel and transport. If you are interested in taking part in one of our workshops then please email future@sath.nhs.uk or call 01743 261183.

The Trust will soon be submitting its Full Business Case (detailed plans) for the reconfiguration of hospital services programme to the Trust, Primary Care Trust Cluster and NHS Midlands and East Boards.

If the Full Business Case is approved then work will start on building the new unit in the summer, with an expected opening date of summer 2014.

The Trust is continuing to work with staff, patients and families on the detail of what the inside of the unit will look like, including the design, room specifications, play equipment and outside spaces. If you would like to be involved then please email future@sath.nhs.uk.

For the latest information on the changes to hospital services throughout Shropshire visit www.sath.nhs.uk/future

Investing: clinic moving during revamp

Staff are asked to note that due to the refurbishment of Wellington Health Centre from April 2 to 14 May 14, the Contraception and the Psychosexual Clinic will instead be operating from 14 Deercote in Hollinswood during this time.

The time of the SAFE (Sexual Advice for everyone)/Contraception clinic will be brought forward to run from noon until 2pm to prevent the clinic running into the afternoon Young People’s RISQ (Relationships, Information, Sexuality and Questions), which starts at 3.30pm.

All clients should be advised to make appointments for this SAFE clinic through the usual method, telephone 01743 453530. They will be informed of the temporary venue and directions to the clinic.

Posters at the site will inform Drop-Ins that all Wellington clinics are temporarily shut and an additional poster will ask SAFE drop-in clients to ring the main office for advice.
Incentive: fast-track course for nurses to be midwives

Any registered nurses interested in becoming midwives are being invited to apply for a shortened Staffordshire University BSc (Hons) Midwifery programme.

The course, which lets registered nurses complete their midwifery award in 78 weeks, starts on September 12 and will be taught on both the Stafford and Shrewsbury campuses. There will also be clinical placements available at both sites.

In order to be eligible for the course, which aims to tackle the national shortage of midwives, you must be a registered nurse (Adult) and possess a minimum of 60 credits at level 2.

For an informal chat about the course please contact: Ruth Gammon – Lead Midwife for Education / Midwifery team leader, telephone 01743 261136 or email r.e.gammon@staffs.ac.uk

For further details and an application form email healthyoptions@staffs.ac.uk

Diversity training courses

Equality and Diversity courses are being held:
- Thursday 17th May 2012, 13.30 – 15.30, Halesfield 6, Telford
- Wednesday 23rd May 2012, 13.30—15.30, William Farr House, Shrewsbury

A Safer Recruitment course is being held on:
- Wednesday 2nd May 2012, 09.30 – 16.30, Halesfield 6, Telford

All staff may use the online booking form on the website - http://www.shropshire.nhs.uk/shropscommunityhealth/Staff-Zone/Training-and-Development

Shropshire women versus cancer

Shropshire women and girls are being urged to join the fight against all cancers by entering Cancer Research UK’s Race for Life at Telford Town Park on Sunday 27th May at 11am or Shrewsbury Showground on Tuesday 26th June at 7.30pm.

Cancer Research UK is issuing the rallying cry ‘it’s all of us versus cancer’ to mums, daughters, sisters, grandmas and friends, encouraging them to sign up as soon as possible. Race for Life, a women-only series of events, is non-competitive.

Women can choose whether to walk, jog or run the 5k route.

To enter Race for Life log onto www.raceforlife.org or call 0871 641 111.
Do YOU need to declare an interest?

As part of the Trust’s policy on business conduct, all Trust staff are reminded that they must ensure that their private or personal interests do not influence their decisions, and that they do not use their positions to obtain personal gain of any sort, either for themselves directly, or their families, friends or associates. “Interests” means for example, having a significant interest in a business which may compete for a contract to supply either goods or services to the Trust.

Section 8 of the Trust policy business conduct policy (on the Trust web site, under corporate governance policies) explains more. If you have an actual or potential interest you need to:

- declare it in writing to the Director of Governance and Strategy/Board Secretary (Julie Thornby, based at William Farr House) who will enter the notification in the Trust’s Register of Interests.
- having made the declaration, avoid being in situations where you could have influence over the decision being made e.g. a directorate decision over a supplier or contractor.

If you are present at any Trust meeting, including the Trust Board, Committee or any other Trust meeting which is discussing an item which poses a conflict of interest for you, you should declare your interest and leave the meeting room. Any interests declared will be recorded in the minutes of the meeting.

Introducing single number for referrals

As of Monday 16 April 2012 Single Point of Referral (SPR) will be taking referrals for the Domiciliary Physiotherapy Team for patients who are registered to a Telford and Wrekin or Shifnal GP.

Single Point of Referral provides one contact number for all referrers and will continue to provide systematic access to Community Nursing Services and the Domiciliary Physiotherapy Team. If staff need to make a referral, telephone 01952 607788 and an operator will take all the information and direct your referral quickly, efficiently and appropriately.

Find out more about what is available for carers

Colleagues are invited to attend a special event in Oakengates on April 30th to find out more about what is available for carers in Telford & Wrekin and how the new Emergency Card Scheme works.

Telford and Wrekin NHS are staging the event at the Place Theatre from 10am until 2pm where there will be a wide range of carer related stalls and two workshops for participants to attend on: Supporting carers through Information, Advice and Support: The session will give an overview of the training and support to those who come in contact with family carers. Learning Together workshop for Carers: This session will show what the workshops are about and their value to family carers. Staff are welcome to pop in and find out more.
Informed: New dates for Trust training courses

Infection Control Training must be carried out by staff working in the following categories:

**High Risk Training** - Clinical staff working in ward environments including: Community Hospital Nursing, Medical and Therapy staff

**Medium Risk Group 2** - Community Nursing Children’s & Paediatric Nurses Specialist Nurses, Palliative Care Physiotherapists performing invasive procedures

**Medium Risk Group 3** - Minor Injuries Units Theatre Prisons DAART APCS, Substance Misuse, Sexual Health

**Medium Risk Group 4** - Domestic staff with responsibility for cleaning healthcare premises (inc Cooks)

Dates for the next training courses are:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
<th>Type of Training</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 4(^{th}) May</td>
<td>10.00 – 12.00</td>
<td>Bridgnorth Community Hospital</td>
<td>Medium Risk Group 4</td>
</tr>
<tr>
<td>Friday 11(^{th}) May</td>
<td>09.30 – 11.30</td>
<td>K2, William Farr House</td>
<td>Medium Risk Group 2</td>
</tr>
<tr>
<td>Friday 11(^{th}) May</td>
<td>14.00 – 16.00</td>
<td>K2, William Farr House</td>
<td>Medium Risk Group 2</td>
</tr>
<tr>
<td>Monday 21(^{st}) May</td>
<td>10.00 – 12.00</td>
<td>Ludlow Community Hospital</td>
<td>High Risk</td>
</tr>
<tr>
<td>Friday 8(^{th}) June</td>
<td>10.00 – 12.00</td>
<td>Bridgnorth Community Hospital</td>
<td>Medium Risk Group 3</td>
</tr>
<tr>
<td>Tuesday 12(^{th}) June</td>
<td>10.00 – 12.00</td>
<td>Bishops Castle Community Hos-</td>
<td>High Risk</td>
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<tr>
<td>Thursday 21(^{st}) June</td>
<td>10.00 – 12.00</td>
<td>Whitchurch Community Hospital</td>
<td>High Risk</td>
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<tr>
<td>Thursday 21(^{st}) June</td>
<td>13.00 – 15.00</td>
<td>Whitchurch Community Hospital</td>
<td>Medium Risk Group 2</td>
</tr>
<tr>
<td>Wednesday 27(^{th}) June</td>
<td>10.00 – 12.00</td>
<td>Oswestry Health Centre</td>
<td>Medium Risk Group 3</td>
</tr>
<tr>
<td>Thursday 6(^{th}) September</td>
<td>09.30 – 11.30</td>
<td>K2, William Farr House</td>
<td>Medium Risk Group 2</td>
</tr>
<tr>
<td>Thursday 6(^{th}) September</td>
<td>14.00 – 16.00</td>
<td>K2, William Farr House</td>
<td>Medium Risk Group 2</td>
</tr>
<tr>
<td>Monday 10(^{th}) September</td>
<td>10.00 – 12.00</td>
<td>Ludlow Community Hospital</td>
<td>High Risk</td>
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<tr>
<td>Tuesday 11(^{th}) September</td>
<td>10.00 – 12.00</td>
<td>Bridgnorth Community Hospital</td>
<td>High Risk</td>
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<tr>
<td>Monday 17(^{th}) September</td>
<td>10.30 – 12.30</td>
<td>Ludlow Community Hospital</td>
<td>Medium Risk Group 3</td>
</tr>
<tr>
<td>Monday 17(^{th}) September</td>
<td>13.30 – 15.30</td>
<td>Ludlow Community Hospital</td>
<td>Medium Risk Group 2</td>
</tr>
<tr>
<td>Wednesday 26(^{th}) September</td>
<td>10.30 – 12.30</td>
<td>D3, Hortonwood, Telford</td>
<td>Medium Risk Group 2</td>
</tr>
</tbody>
</table>
Inspiring ...chance to recognise leadership

If you work with an individual, a Board, or a partnership that has made a significant impact through outstanding leadership practice, please take the opportunity to nominate them now for a Leadership Recognition Award.

In this time of rapid change, now more than ever, the NHS needs to recognise and celebrate the work of its inspirational leaders.

Great leaders are supporting their teams to redesign services, develop our workforce and deliver improved outcomes for all our patients.

The NHS Leadership Recognition Awards will celebrate the excellent practice that goes on around us. Affiliated to the new NHS Leadership Academy, the NHS Leadership Recognition Awards aim to recognise outstanding leadership practice.

The awards will recognise leadership in nine categories:

1. The NHS Leadership Awards Scheme is open to everyone working for, or on behalf of the NHS in England. Visit www.nhilleadershipawards.nhs.uk to nominate now; the deadline for nominations is May 31. Categories are:
   - The NHS Board of the Year
   - The NHS Community Leader of the Year
   - The NHS Innovator of the Year
   - The NHS Award for Inspiration
   - The NHS Leader of the Year
   - The NHS Mentor of the Year
   - The NHS Newcomer of the Year
   - The NHS Partnership of the Year
   - The NHS Quality Champion of the Year

Earlier in the year the Trust’s Occupational Health team ran some health and well being clinics around the county.

In: House

Staff were given the opportunity to book an appointment to have a mini health check which included blood pressure and cholesterol tests.

All sessions were well attended and the feedback has been very positive.

The team is now planning to run some more sessions in May and June, so if you missed out last time or want a review look out for further information coming soon.

New team base

Telford and Wrekin Child and Adolescent Mental Health Service (CAMHS) team has moved base from the Glebe Centre in Wellington to Coral House in Shrewsbury.

The team is working hard to ensure appointments can be moved to satellite clinics to maintain the service to children and families.

The address for all correspondence is now Coral House, 11 Longbow Close, Harlescott Lane, Shrewsbury, SY1 3GZ, telephone 01743-450800, fax number 01743-450801. The service continues to be a Monday to Friday 9am to 5pm community service.

Contact either Jacqui Pointon (Head of CAMHS) or Stephanie Andrews, Enhanced Care Manager (CAMHS) for details.

Safeguarding manual updates

The West Mercia Consortium Local Safeguarding Children Board (LSCB) Procedures Manual has been updated.

It can be accessed at: http://westmerciaconsortium.proceduresonline.com/index.htm

Colleagues can also register to be alerted for regular updates.

Inform is produced by the Communications Team. If you have any ideas for features or you would like to promote you and your team’s success - then simply email: alison.grange@shropcom.nhs.uk with any ideas that you may have.

The newsletter is produced on a monthly basis, and is published in the middle of the month.